## Sample Volleyball Day Camp Schedule

(subject to change due to weather or at the director's discretion)

7:30am-8:45am EXTENDED STAY CHECK IN @ GYM (72 Bertolet School Road, Spring City, PA 19475) Extended stay campers will eat continental breakfast during this time.

8:50-9am- STANDARD STAY CHECK IN AT THE GYM (gym programming will begin right away so please be on time for drop off.

9am-10:20- Gym programming

10:20- Water Break

10:30am-11am-Bible Session

11am-12pm- Gym Programming

12-12:15pm- Campers change into swim suits (must put clothes overtop). Bring towel to lunch. On Wednesdays & Fridays, bring spending money to lunch as well.

12:30pm-LUNCH

1:15pm- VISIT CAMP STORE (Wednesdays & Fridays only)

1:30-2:15- POOL

2:30-3:15pm- OUTDOOR ACTIVITY OR ADDITIONAL GYM ACTIVITIES (This time will either be used for outdoor camp activities or additional instructional time in the gym. Outdoor activities may include but are not limited to: Waterslide, fishing, archery, kayaking in the pond, outdoor volleyball at main camp, rock climbing in the gym, etc.)

3:15-4pm-SCRIMMAGE IN GYM

4pm- Parents Pick Standard Stay campers up at gym

5pm-Parents Pick Extended Stay campers up at the gym